

# 2010 UBO/UBU

Health
Budgets &
Financial
Policy

/nto Action

Briefing: **DoD Disability Evaluation System (DES)** / **Medical Evaluation Board (MEB)** 

Date: 24 March 2010

Time: **1010-1100** 

- Understand the Disability Evaluation System (DES) process
  - Understand the data collection issues
  - Understand planned "work arounds"
- Understand a Medical Evaluation Board (MEB)
- Realize that MEBs are only part of the DES
- Understand the MTF interface with the VA and billing



- Recognize information needs of the member, MHS, and VA
  - Data may not be readily available using the standard automation & coding systems in a typical way
- Be aware of the need to standardize key processes of Pilot DES across Service MTFs
- Be able to list three reasons why it is important to collect the DES data
- Be able to list three different types of data and how each is collected





### **Disability Evaluation System**

- The Disability Evaluation System (DES) is about taking care of our wounded, ill, and injured service members
- The DoD bases its evaluation on disability
  - Not being able to meet the mission
  - Not being able to do the job
  - Tries to keep the service member
- The VA bases their evaluation on inability
  - Not being able to do activities of daily living
  - VA does not consider ability to do the job; just unemployability





### **Disability Evaluation System (DES)**

- Used to evaluate service members with medical conditions that make them potentially unable to meet medical standards
- Based on findings, used to separate or reclassify service members who are unable to fulfill the duties of their current office, grade, rank, or rating
- It is a personnel management tool to "maintain a fit force"



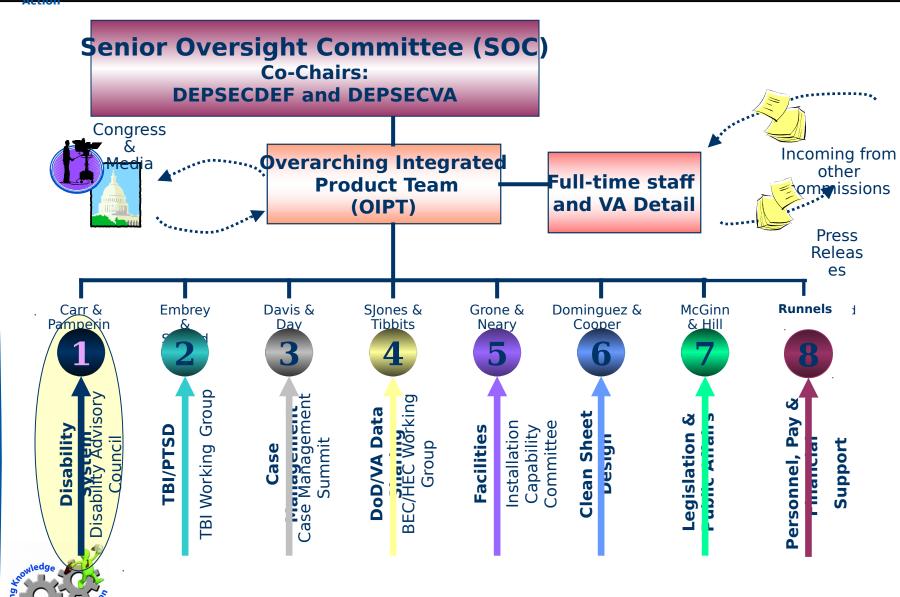


### **Disability Evaluation System**

- Begins: When a DES-trained provider assessment calls into question the service member's ability to meet medical retention standards to perform military duties
- Ends: When the service member returns to duty, separates (with or without compensation), or retires for disability or length of service
- Two functional areas in DoD collaborate to operate DES:
  - Medical (Examination and disposition by an MEB)
  - Personnel communities (Physical Evaluation Board [PEB])
    - Legal is involved too (provides legal advice to the service member)



#### We Organized Ourselves...





#### What We're Trying to Change

- PROBLEM: To some, it appears that the Disability Evaluation System is complex, confusing, duplicative, adversarial, and lacks transparency and advocacy
- VISION: A seamless and transparent DES, within statute, administered jointly by DoD and the VA
- PILOT GOALS:
  - Less complex and non-adversarial
  - Faster, more consistent evaluations and compensation
  - Single medical exam and single-source disability rating
  - Seamless transition to Veteran status
    - A continuum of care advocacy and expectation management



#### **DES Pilot Process - Review**

















DoD

#### **Treatment**



**Service** member is wounded, injured or ill



**Physician** assesses and treats member

#### **MEB**



VA C&P **Exam** 

**Conditions** that question member's fitness for duty **All Claimed Conditions** Case **Development** 

Admin & lecord transit

**PEB Informal Board** Unfit

**Formal Board** 



**Appeal** 



**Admin** and **Record transit** 

**VA Rating** Rating Panel -ΔΙΙ condition Proposed



**VA Rating** Reconsiderati on



#### **Disposition** Transition





**Finalize** 

**DES** 

VA Claim & **Benefits** Letter



**Separate** or Retire

> VA **Benefit** s Start



**VA Appeals** 

separatio

n



#### In the Pilot We're Measuring...

- MEB Phase Processing
  - 80-day goal
- Challenges
  - DES case manager and MSC staffing
  - Assembling complete service member treatment record (STR)/DES case (claim) file
  - Standardizing MEB across Services
    - Take advantage of New Pilot Process (MEBs to PEBs)
      - Develop standard AHLTA/CHCS coding & processes
    - Standardize NARSUM/MEB package DES User Interface (UI) (fielding in April 2010)
  - DoD & VA Systems Interoperability
    - Bidirectional health Information exchange (BHIE)
    - Logistics of single disability exam



### In the Pilot We're Measuring...

- Challenges
  - Areas we can improve
    - MEB Narrative summary (NARSUM) dictation time
    - Quality of NARSUM for MEB/PEB
      - The new User Interface (UI) program should help
    - Cases Returned to Duty by MEB/PEB
      - Reworked packages take time
    - Quality MEB critical especially if MEB rebuttal
      - Involves impartial Medical Provider





# Initial MEB Satisfaction Survey Analysis

#### **Overall Descriptive Statistics for MEB Survey Findings**

**Overall DES Experience** – Satisfaction with overall DES Pilot experience

**Overall Satisfaction with MEB** – Satisfaction with case management, medical care and the MEB process in general

**Timeliness of MEB Process** – Timeliness of the process since entering the DES Pilot

**Procedural Justice** - Belief in fairness of the process

**Distributive Justice** – Belief in the fairness of the outcome of the process

**Assurance** – Courteousness received from the DES case managers (PEBLOs & MSCs) and ability to speak one's mind

**Empathy** – Belief that DES CM & MSCs have the members' best interests in mind

**Reliability** – Belief that DES CM & MSCs execute DES tasks dependably and accurately

**Responsiveness** – DES CM & MSCs willingness to provide prompt service

**Helpfulness** – DES CM & MSCs being helpful to members and their families



**1** - Very poor; **2** - Poor; **3** - A mix of poor and good; **4** - Good; and **5** - Very Good



#### **Terminology Overview**

- MENBA Mission Essential Non-Benefit Activity
- MEB Medical Evaluation Board
- PEB Physical Evaluation Board
- DES Case Manager
- MERS Medical Evaluation for Retention Workcenter
  - Activities involving administrative and clinical personnel at MTF in DES





# MENBA - Military Essential Non-Benefit Activity

- Tasks done by MTF personnel which may not be related to maintenance of health, return to health and mitigation of adverse health conditions BUT which must be done to meet the mission
- Frequently OSHA (Occupational Safety and Health Administration)
  - Hearing Conservation, Food Inspection, Air Sampling
- Personnel
  - Patient transport between MTFs
  - Disability assessments (a personnel system issue can the service member meet Service's medical retention standards)



## MENBA - Military Essential Non-Benefit Activity

#### Bottom Line:

- Things for which a provider would not usually receive payment from an insurance company, and
- Frequently do not have CPT codes





#### Medical Evaluation for Retention - Initiation of the MEB Process of DES

- DES-trained provider evaluates/documents conditions that do not meet Service medical retention standards and ensures accommodation is no longer possible
- DES case manager (PEBLO) initiates DES case file/counsels member
  - Case data elements are collected in the User Interface (UI), an automated system permitting visibility to all involved, tracking timelines, sending reminders...
    - The UI is updated throughout the process





### VA Form 21-0819, page 1

AT

Medical conditions to be considered as the basis of fitness for duty determinatio n

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#### VA Form 21-0819, page 2

<ol> <li>Additional Conditions - (Do you have a were incurred in or aggravated by, you</li> </ol>	iny disabling conditions, other ir active military service?) Plei	than those referred for the fit ase list those disabilities below	ness for duty determination, the w:	at you feel

Section IV: MILITARY RETIRED PAY

The patient (with his or her complete service treatment record) meets with the VA's military services coordinator, and this block is completed with "Claimed Conditions"





#### **DES Provider Referral Request to VA**

- In order to easily verify and audit that the DoD is only paying for medical conditions to be considered as the basis of fitness for duty determination the referral:
  - Will be generated from the MEPRS FEDB, FEDC, or FEDD
  - Does not need to specify the type of specialist
  - Should enter "VA only: DES C&P exams for fitness for duty determination total ."
    - Enter the number of conditions listed in the block on the front of the VA 21-0819
- The MTF referral section will forward it to the Managed Care Support Contractor who will provide
   the VA the appropriate number of conditions



#### Medical Evaluation for Retention - Initiation of the MEB Process of DES

- The DES case manager will work with the service member on scheduling the appointment(s)
- Member receives complete Review of Systems meeting criteria of VA Compensation & Pension General Medical Exam
- VA will submit a bill for the evaluations of conditions which may not meet retention standards
  - Electronically, through the Managed Care Support Contractor
  - MTF will audit to ensure only the DoD required conditions evaluations are billed



#### Medical Evaluation for Retention - Initiation of the MEB Process of DES

- DES-trained provider documents clinical assessment of all information related to member's disability case; to include commander's input – summarizes in MEB NARSUM/MEB disposition
- Medical Evaluation Board DES trained providers review and recommend final disposition; approved by senior medical convening authority
- Service member can accept or rebut



#### Use

"Medical condition that may not meet medical retention standards"







### DES Case Manager - KEY to DES Pilot Process

- MTF person trained to guide the service member through the DES process and to counsel the member on the PEB determination
  - Physical Evaluation Board Liaison Officer (PEBLO)
  - Other







#### **Physical Evaluation Board (PEB)**

- DES Case file (MEB findings plus commander's assessment and other personnel information) forwarded to PEB
- PEB (made up of clinicians, line, and adjudicators) makes recommendation for final disposition
  - Return to duty
    - Could meet retention standards or
    - Not meet retention standards, but with receiving command making adjustments so member can perform duty
  - Unfit for continued service
    - May recommend a percentage of disability (30% = full benefits)
      - Separation with or without benefits
      - Disability retirement (permanent or temporary) depending if condition is stable enough to anticipate ultimate end condition
      - COAD/COAR



- VBA Veterans Benefit Administration
  - Oversees benefits, such as medical eligibility, disability related compensation and pension, cemeteries, grave markers
    - Does not have hospitals or staff to treat patients
  - Duty to assist
    - Reviews service members' Service Treatment Record, and identifies those conditions that need to be evaluated
    - Compensation and Pension (C&P) disability evaluations
    - CAPRI Compensation and Pension Record Interchange

Military Services Coordinator (MSC) is a VBA asset

- Veterans Health Administration (VHA)
  - Has healthcare providers to conduct Compensation and Pension (C&P) evaluations (disability assessments) to document current abilities and disabilities
    - Only conducts C&P evaluations requested by the Veterans Benefits Administration (VBA)
  - Has medical treatment facilities
    - BHIE bi-directional health information exchange





# DES Pilot - Single Source VA Disability Rating % for DoD & VA

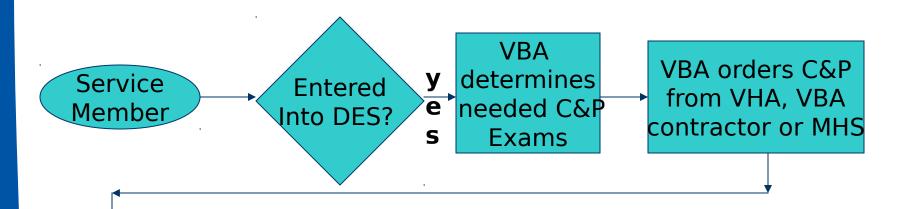
- VBA gives the DoD one rating % for each condition based on VA rating schedule (VASRD)
- DoD compensates service member only for conditions DoD deems "UNFIT for continued Service"
  - If the DoD compensates for 30% or more, then the service member is eligible for a number of benefits
    - Under 30%, he or she receives a separation payment
- VA provides benefits to the service member for all compensable disabilities





### Processes

into TRICARE



Compensation and Pension Disability evaluation done Parts used by:

VBA

VHA

MHS

- What needs to be collected
- How is it coded
- Who pays for what
- At what rate
- How is it audited
- How is payment made
- How is payment received



- Incorporate a single, standardized medical/disability evaluation
  - Have one set of physicals to meet the requirements of both the VBA and DoD
  - Standardize the DES process within the Tri-Services
  - Be able to use all necessary resources (VA right of first refusal, then MHS)
  - Have information to effectively monitor and document DES resources in DoD & VA
  - Have a equitable way to reimburse the agency (VA, MHS) for providing services for which they are not already being funded

- Provide fair, accurate and timely DES process for service members
  - Change DES from entirely sequential process to concurrent process
  - Decrease post-separation processing time for VA award processing
  - Ensure member has all the needed information to get all deserved benefits – MHS critical in members financial & health care future!





- Have service member satisfaction with the DES process
- Provide for a single-source disability rating
  - Consistent application of disability percentages
  - Have disability documentation available in both DoD and VA records – automated is goal





- Smooth transition from DoD health care to VA entitled health care benefits
  - Initiates first use of VA services while still on AD
  - Assumption: Service members in the DES have a higher potential for future VHA services than nonDES service members



- Initial Pilot in NCR; findings
  - Standardized DES procedures across Services
  - C&P Exam Worksheets provide a lot of information for DES-trained providers to adequately reflect the functional status of the individual as reflected in the clinical summary (NARSUM/MEB Report) for the MEB/PEB
  - PEB can use VA disability rating percentage for DoD
  - Need for TriService interoperability/automation
    - Eliminate unnecessary paperwork; improve monitoring



- At other than pilot sites, MTFs are providing MEB/PEB services either in the manner in which they always have or have made major changes
  - Usually this involves the MTF arranging for C&P disability evaluations to create a Narrative Summary of conditions that may not meet Service medical retention standards, and
  - AFTER all the MEB/PEB is done and the service member separates/is discharged/retired – THEN the VA process starts...
  - DoD & VA still independent disability programs
- Benefits Delivery at Discharge (BDD)
  - A similar program for service members leaving
     the DoD for other than medical reasons

- Monitor progress of member through the DES
  - Don't want to ever "lose" a Wounded Warrior referred to DES
- Monitor access standards
- Timeliness requirements
  - Track the number of days to complete each step in the DES process and total number of days from identification to resolution
  - It is good to have goals as then the staff know their expectations
  - Provide assistance to those MTFs not meeting goals
- Apply correct staffing to meet need
- Give credit for work provided

- MHS/VA billing
- MHS/VA payments
- Be able to anticipate future DoD manpower needs (e.g., a person with those diagnoses usually needs 5 exams and takes 210 days, so the position needs a backfill)
- Be able to anticipate future numbers of DES participants based on GWOT levels and past workload performance
- Ratio of 1:20 is only guestimate





#### **DES Services to be Documented**

- DES-trained provider reviews record for DES
  - Document in MERS MEPRS (FEDB) as this is time spent for decision to refer to DES (This is administrative PERSONNEL task, not clinical treatment)
    - Determines there is a condition which likely causes the SM not to meet Service retention standards and enters SM in DES
    - Does not have enough info, returns to initial referring provider
    - Determines that the condition is not stable, so a determination cannot be made as to the final condition, returns to initial provider
    - Determines Service retention standards are met and notifies initial provider



#### DES Services to be Documented by DES Case Manager (PEBLO/DES Admin Staff)

- Initial DES case manager counseling with service member
- Post MEB where DES case manager explains the recommendations
  - Service member can accept, not accept, or disagree with recommendation
- When the package goes to the PEB
- Appeals
- Other encounters





# VA Compensation and Pension (C&P) Disability Examinations

- C&P exams do not include management of the patient
  - Does not include counseling, medical advice, development of a treatment plan, ordering therapeutic laboratory/ imaging/ prescriptions
    - Technically not 99456, office visit or physical NO MANAGEMENT
- C&P exam includes
  - Review of documents prior to appointment, which is more in-depth and time consuming than the usual E&M, and
  - Completion of one or more VA AMIE disability exam worksheets
  - Provide post encounter report which is usually more extensive than documentation associated with a physical, office visit, or consultation
- C&P exam does not involve a provider/patient relationship
   Recommended it not be treating provider



#### **Coding Considerations**

- Need agreement for both VA and MHS to code in the same manner so we can bill each other electronically
- Need to use CPT/HCPCS codes so we can bill using HIPAA standard transaction
- TMA has requested new CPT codes from the AMA
  - 99611 Guidance for Administrative and Legal Needs - Brief
  - 99612 Limited
  - 99613 Moderate
  - 99614 Comprehensive





- Working on a DoD/VA agreement
- Working on having VA bill through TRICARE



- Be aware of the MHS information needs
  - Data may not be readily available using the standard coding systems in a standard way
- The process from the time a service member is found to have a medical condition that may not meet Service retention standards until the service member is:
  - Returned to duty
  - Medically separated or retired
  - Non-medically separated or retired
  - Leaves the program for other reason



- Be able to list three reasons why it is important to collect the DES data
  - Measure timeliness of process and different milestones within the process
  - Authorize payment for Compensation and Pension exams
  - Determine number of service members assigned to each DES Case Managers/DEStrained providers
  - Distribute resources (money, manpower, materials...)
    - Predict the future



- # 1 is the service member!
  - Never lose them in the process
  - Help them through the process
  - Be consistent in the application
  - Member's compensation (future) based on medical record – DoD & VA

